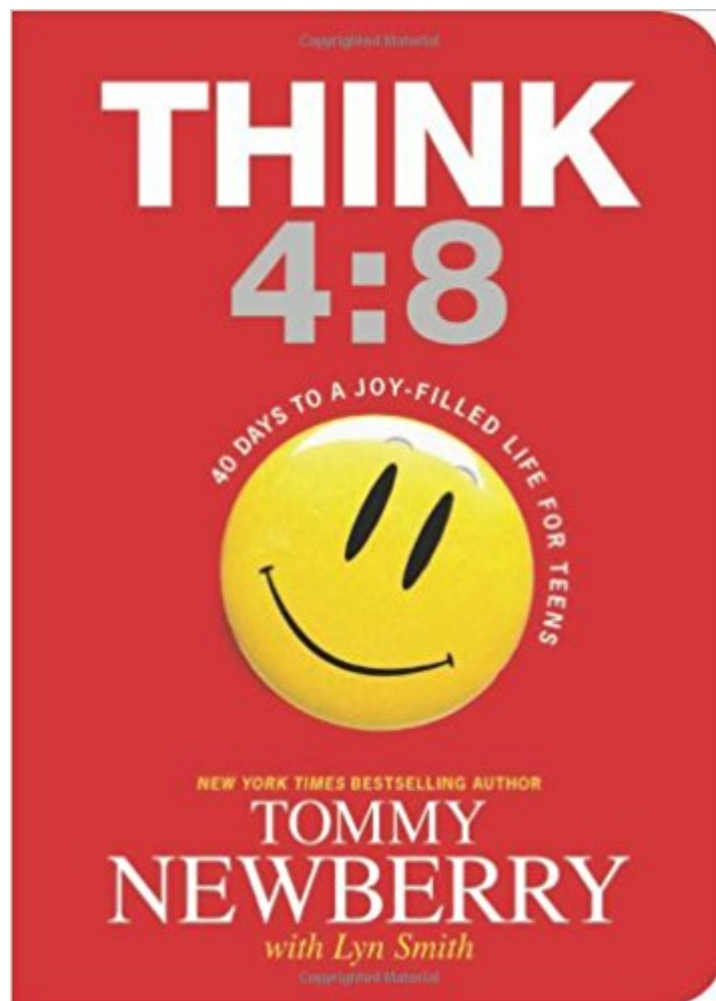




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# Think 4:8: 40 Days To A Joy-Filled Life For Teens



## Synopsis

The best-selling author of *The 4:8 Principle* and *40 Days to a Joy-filled Life* returns with a special edition for teens. In just 40 days, teens can change their minds and their attitudes. Tommy Newberry, together with writer Lyn Smith, takes teens from thinking negatively to thinking positively, which will change their entire outlook on life. Not only will this devotional make teens think more positively and have a better attitude, this devotional also points teens to Scripture and helps them understand more about God. The devotions not only help teens understand how their thought life determines their perspective, but they also help them focus their minds on godly truths so they can live out their faith. This book is the perfect way for teens to get a new attitude and start living a fulfilling, joy-filled life in just 40 days.

## Book Information

Paperback: 240 pages

Publisher: Tyndale House Publishers, Inc. (September 3, 2013)

Language: English

ISBN-10: 1414387164

ISBN-13: 978-1414387161

Product Dimensions: 5 x 0.5 x 6.8 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 37 customer reviews

Best Sellers Rank: #184,754 in Books (See Top 100 in Books) #39 in [Books > Christian Books & Bibles > Children's & Teens > Teens > Inspirational](#) #48 in [Books > Christian Books & Bibles > Children's & Teens > Teens > Devotionals & Prayer](#) #142 in [Books > Children's Books > Religions > Christianity > Prayer](#)

Age Range: 12 - 16 years

Grade Level: 8 - 12

## Customer Reviews

Focus on the Good Stuff! Your mind is a powerful tool. What you choose to think about and focus on today can impact the rest of your life. So take forty days to get your thoughts rolling in the right direction to help you reach your goals and live the successful, purposeful life God has planned just for you. When you follow this forty-day game plan, you will start erasing weak, unhelpful thoughts and replacing them with strong, productive thoughts. Fix your thoughts on what is true and good and right. Think about things that are pure and lovely, and dwell on the fine, good

things in others. Think about all you can praise God for and be glad about. Philippians 4:8 (The Living Bible) Think this, not that—start today, and live a joy-filled life.

Great book! I have bought the adult version and I bought this for our 2 teens and we do the devotional together

Practical advice, with encouragement for modern day issues that our teens deal with. My son found some honest encouragement from this book. I even participated along with him. Each day offers a visual post-it message for a recap, and we wrote them on our own post-it notes around the house.

Our Youth Ministry is using this book now. We are enjoying it very much. It truly challenges our thinking - especially, if the students work through the key application sections! This is very important to get the most from the book - and is definitely what the authors intend.

Great book for teens struggling with negative thoughts. I'm a professional counselor and this a great resource to help teens concentrate on the positive!

Wonderful!!!

I used this with a group of middle school kids in a bible study. I was so excited to see how many kids did read it everyday. They enjoyed it and I loved the group decisions each week!

great

Tommy Newberry is about prosperity but not the empty prosperity so many popularize today. This book offers a biblical approach to viewing prosperity and having a positive outlook is the natural result. Based on the verse from Philippians 4.8 Newberry insist we take control and responsibility for where our thinking leads us.

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